

Langbane - damer				Langbane - herrer					
	Årgang	Tid	Dato		Årgang	Tid	Dato		
<b>50m fri</b>				<b>50m fri</b>					
1	Malou Callisen	2007	30,20	29-04-2022	1	Joachim Mortensen	1995	26,42	06-04-2014
2	Caroline Bomholt Jensen	2005	30,51	29-04-2022	2	Jonas Aagaard	1994	26,88	06-04-2014
3	Mette Hansen	1996	31,14	27-02-2009	3	Frederik Marcussen	1999	27,26	28-06-2014
<b>100m fri</b>				<b>100m fri</b>					
1	Caroline Bomholt Jensen	2005	1:07,04	01-05-2022	1	Frederik Marcussen	1999	59,84	26-06-2014
2	Malou Callisen	2007	1:07,09	01-05-2022	2	Nicolai Heide	1993	1:00,03	05-12-2010
3	Linette Hansen	1995	1:09,68	16-04-2011	3	Anders Fly	1995	1:00,50	17-04-2011
<b>200m fri</b>				<b>200m fri</b>					
1	Caroline Bomholt Jensen	2005	2:26,59	30-04-2022	1	Kristian Poulsen	1994	2:18,61	17-05-2009
2	Linette Hansen	1995	2:31,61	17-04-2011	2	Anders Fly	1995	2:23,15	10-04-2010
3	Mette Hansen	1996	2:32,80	16-05-2009	3	Lukas Kranker	2000	2:28,01	24-08-2014
<b>400m fri</b>				<b>400m fri</b>					
1	Iben Thomasen	2008	5:21,50	29-04-2022	1	Kristian Poulsen	1994	4:58,52	16-05-2009
2	Linette Hansen	1995	5:25,14	16-04-2011	2	Michael K. Jakobsen	1992	5:09,60	25-01-2009
3	Mette Hansen	1996	5:25,26	17-05-2009	3	Anders Fly	1995	5:19,48	10-04-2010
<b>800m fri</b>				<b>800m fri</b>					
1	Mette Hansen	1996	11:06,06	25-01-2009	1	Mathias Gjerløv Pedersen	1997	11:06,08	27-04-2014
2	Linette Hansen	1995	11:47,37	03-12-2010	2	Lukas Kranker	2000	11:31,42	27-04-2014
3	Amalije Kristensen	2002	12:03,68	25-04-2015	3	Mads B Jensen	2002	11:52,25	16-06-2017
<b>1500m fri</b>				<b>1500m fri</b>					
	Iben Thomasen	2008	21:51,29	2	1	Michael K. Jakobsen	1992	20:20,56	25-01-2009
					2	Frederik Marcussen	1999	20:32,32	04-04-2014
					3	Anders Fly	1995	20:42,53	03-12-2010
<b>50m ryg</b>				<b>50m ryg</b>					
1	Louise Bach Andersen	2001	34,55	28-02-2014	1	Kristian Poulsen	1994	32,13	17-05-2009
2	Julie Sundahl Jakobsen	1995	36,15	16-05-2009	2	Nicolai Heide	1993	32,41	17-04-2011
3	Caroline Bomholt Jensen	2005	36,79	25-05-2019	3	Rasmus Jensen	1982	32,78	27-01-2009
<b>100m ryg</b>				<b>100m ryg</b>					
1	Caroline Bomholt Jensen	2005	1:15,09	30-04-2022	1	Kristian Poulsen	1994	1:08,49	15-05-2009
2	Kristine Vestergaard	2005	1:18,10	30-04-2022	2	Mads B Jensen	2002	1:12,79	17-03-2018
3	Anne Bøjstrup Bertelsen	2002	1:21,07	26-04-2015	3	Anders Fly	1995	1:13,68	17-04-2011
<b>200m ryg</b>				<b>200m ryg</b>					
1	Louise Bach Andersen	2001	2:43,04	27-04-2014	1	Kristian Poulsen	1994	2:28,53	01-03-2009
2	Iben Thomasen	2008	2:50,68	01-05-2022	2	Nicolai Sand	2000	2:35,09	21-06-2014
3	Kristine Vestergaard	2005	2:50,97	01-05-2022	3	Anders Fly	1995	2:36,49	16-04-2011
<b>50m bryst</b>				<b>50m bryst</b>					
1	Kristine Vestergaard	2005	40,34	25-06-2017	1	Frederik Marcussen	1999	34,28	27-04-2014
2	Caroline Bomholt Jensen	2005	42,01	26-04-2019	2	Jacob Aagaard Andersen	2004	35,35	25-05-2019
3	Linette Hansen	1995	42,03	25-08-2012	3	Michael K. Jakobsen	1992	37,53	27-01-2009
<b>100m bryst</b>				<b>100m bryst</b>					
1	Malou Callisen	2005	1:25,64	30-04-2022	1	Jacob Aagaard Andersen	2004	1:19,02	02-07-2019
2	Kristine Vestergaard	2005	1:27,36	25-05-2019	2	Frederik Marcussen	1999	1:19,67	26-04-2014
3	Iben Thomasen	2008	1:29,70	30-04-2022	3	Michael K. Jakobsen	1992	1:26,15	27-01-2009
<b>200m bryst</b>				<b>200m bryst</b>					
1	Louise Bach Andersen	2001	3:04,53	27-04-2014	1	Jacob Aagaard Andersen	2004	2:52,88	29-06-2019
2	Julie Sundahl Jakobsen	1995	3:06,15	17-05-2009	2	Kristian Poulsen	1994	3:03,93	16-05-2009
3	Malou Callisen	2007	3:09,69	01-05-2022	3	Frederik Marcussen	1999	3:07,94	11-01-2015
<b>50m fly</b>				<b>50m fly</b>					
1	Caroline Bomholt Jensen	2005	31,59	30-04-2022	1	Nicolai Heide	1993	28,67	17-04-2011
2	Malou Callisen	2007	32,25	30-04-2022	2	Frederik Marcussen	1999	30,43	25-04-2014
3	Mette Hansen	1995	36,23	17-05-2009	3	Jacob Aagaard Andersen	2004	33,41	26-04-2019
<b>100m fly</b>				<b>100m fly</b>					
1	Caroline Bomholt Jensen	2005	1:12,32	01-05-2022	1	Nicolai Heide	1993	1:08,29	16-04-2011
2	Mette Hansen	1996	1:15,39	01-03-2009	2	Anders Fly	1995	1:10,88	16-04-2011
3	Linette Hansen	1995	1:23,98	26-08-2012	3	Frederik Marcussen	1999	1:13,41	27-04-2014
<b>200m fly</b>				<b>200m fly</b>					
1	Ida Elvira Jensen	1995	3:12,51	10-04-2010	1	Kasper V Hansen	1996	2:53,59	17-04-2011
					2	Mathias Gjerløv Pedersen	1997	3:25,90	26-04-2014
<b>100m medley</b>				<b>100m medley</b>					
<b>200m medley</b>				<b>200m medley</b>					
1	Caroline Bomholt Jensen	2005	2:42,18	01-03-2020	1	Anders Fly	1995	2:34,46	17-04-2011
2	Malou Callisen	2007	2:44,20	15-05-2009	2	Kristian Poulsen	1994	2:35,83	15-05-2009
3	Mette Hansen	1996	2:51,39	15-05-2009	3	Frederik Marcussen	1999	2:36,88	26-04-2014
<b>400m medley</b>				<b>400m medley</b>					
1	Caroline Bomholt Jensen	2005	5:48,47	25-05-2019	1	Anders Fly	1995	5:25,93	16-04-2011
2	Ida Elvira Jensen	1995	6:28,71	10-04-2010	2	Kasper V Hansen	1996	6:01,12	16-04-2011

