

Langbane - damer				Langbane - herrer					
	Årgang	Tid	Dato		Årgang	Tid	Dato		
50m fri				50m fri					
1	Mette Hansen	1996	31,14	27-02-2009	1	Joachim Mortensen	1995	26,42	06-04-2014
2	Sisse Grubak Simonsen	1996	31,42	10-04-2010	2	Jonas Aagaard	1994	26,88	06-04-2014
3	Marie Mygdam	2001	32,69	17-04-2015	3	Frederik Marcussen	1999	27,26	28-06-2014
100m fri				100m fri					
1	Caroline Bomholt Jensen	2005	1:07.06	06-03-2022	1	Frederik Marcussen	1999	59,84	26-06-2014
2	Linette Hansen	1995	1:09.68	16-04-2011	2	Nicholai Heide	1993	1:00.03	05-12-2010
3	Sisse Grubak Simonsen	1996	1:10.21	09-11-2013	3	Anders Fly	1995	1:00.50	17-04-2011
200m fri				200m fri					
1	Linette Hansen	1995	2:31.61	17-04-2011	1	Kristian Poulsen	1994	2:18.61	17-05-2009
2	Mette Hansen	1996	2:32.80	16-05-2009	2	Anders Fly	1995	2:23.15	10-04-2010
3	Caroline Bomholt Jensen	2005	2:35.93	25-05-2019	3	Lukas Kranker	2000	2:28.01	24-08-2014
400m fri				400m fri					
1	Linette Hansen	1995	5:25.14	16-04-2011	1	Kristian Poulsen	1994	4:58.52	16-05-2009
2	Mette Hansen	1996	5:25.26	17-05-2009	2	Michael K. Jakobsen	1992	5:09.60	25-01-2009
3	Sarah Bugstrup	1999	5:44.89	30-11-2012	3	Anders Fly	1995	5:19.48	10-04-2010
800m fri				800m fri					
1	Mette Hansen	1996	11:06.06	25-01-2009	1	Mathias Gjerløv Pedersen	1997	11:06.08	27-04-2014
2	Linette Hansen	1995	11:47.37	03-12-2010	2	Lukas Kranker	2000	11:31.42	27-04-2014
3	Amalije Kristensen	2002	12:03.68	25-04-2015	3	Mads B Jensen	2002	11:52.25	16-06-2017
1500m fri				1500m fri					
-	-	-	-	-	1	Michael K. Jakobsen	1992	20:20.56	25-01-2009
-	-	-	-	-	2	Frederik Marcussen	1999	20:32.32	04-04-2014
-	-	-	-	-	3	Anders Fly	1995	20:42.53	03-12-2010
50m ryg				50m ryg					
1	Louise Bach Andersen	2001	34,55	28-02-2014	1	Kristian Poulsen	1994	32,13	17-05-2009
2	Julie Sundahl Jakobsen	1995	36,15	16-05-2009	2	Nicholai Heide	1993	32,41	17-04-2011
3	Caroline Bomholt Jensen	2005	36,79	25-05-2019	3	Rasmus Jensen	1982	32,78	27-01-2009
100m ryg				100m ryg					
1	Kristine Vestergaard	2005	1:19.37	25-05-2019	1	Kristian Poulsen	1994	1:08.49	15-05-2009
2	Anne Bøjstrup Bertelsen	2002	1:21.07	26-04-2015	2	Mads B Jensen	2002	1:12.79	17-03-2018
3	Caroline Bomholt Jensen	2005	1:21.34	25-05-2019	3	Anders Fly	1995	1:13.68	17-04-2011
200m ryg				200m ryg					
1	Louise Bach Andersen	2001	2:43.04	27-04-2014	1	Kristian Poulsen	1994	2:28.53	01-03-2009
2	Ida Elvira Jensen	1995	2:54.87	16-05-2009	2	Nicolai Sand	2000	2:35.09	21-06-2014
3	Michelle Friis-Pedersen	1994	3:00.69	16-05-2009	3	Anders Fly	1995	2:36.49	16-04-2011
50m bryst				50m bryst					
1	Kristine Vestergaard	2005	40,34	25-06-2017	1	Frederik Marcussen	1999	34,28	27-04-2014
2	Caroline Bomholt Jensen	2005	42,01	26-04-2019	2	Jacob Aagaard Andersen	2004	35,35	25-05-2019
3	Linette Hansen	1995	42,03	25-08-2012	3	Michael K. Jakobsen	1992	37,53	27-01-2009
100m bryst				100m bryst					
1	Kristine Vestergaard	2005	1:27.36	25-05-2019	1	Jacob Aagaard Andersen	2004	1:19.02	02-07-2019
2	Linette Hansen	1995	1:30.43	17-04-2011	2	Frederik Marcussen	1999	1:19.67	26-04-2014
3	Emilia Maria Vilhølt	2000	1:30.73	20-04-2016	3	Michael K. Jakobsen	1992	1:26.15	27-01-2009
200m bryst				200m bryst					
1	Louise Bach Andersen	2001	3:04.53	27-04-2014	1	Jacob Aagaard Andersen	2004	2:52.88	29-06-2019
2	Julie Sundahl Jakobsen	1995	3:06.15	17-05-2009	2	Kristian Poulsen	1994	3:03.93	16-05-2009
3	Linette Hansen	1995	3:11.48	16-04-2011	3	Frederik Marcussen	1999	3:07.94	11-01-2015
50m fly				50m fly					
1	Caroline Bomholt Jensen	2005	33,62	26-04-2019	1	Nicholai Heide	1993	28,67	17-04-2011
2	Mette Hansen	1996	36,23	17-05-2009	2	Frederik Marcussen	1999	30,43	25-04-2014
3	Emilia Maria Vilhølt	2000	37,13	20-04-2016	3	Jacob Aagaard Andersen	2004	33,41	26-04-2019
100m fly				100m fly					
1	Caroline Bomholt Jensen	2005	1:12.48	06.03.2022	1	Nicholai Heide	1993	1:08.29	16-04-2011
2	Mette Hansen	1996	1:15.39	01-03-2009	2	Anders Fly	1995	1:10.88	16-04-2011
3	Linette Hansen	1995	1:23.98	26-08-2012	3	Frederik Marcussen	1999	1:13.41	27-04-2014
200m fly				200m fly					
1	Ida Elvira Jensen	1995	3:12.51	10-04-2010	1	Kasper V Hansen	1996	2:53.59	17-04-2011
					2	Mathias Gjerløv Pedersen	1997	3:25.90	26-04-2014
100m medley				100m medley					
-	-	-	-	-	-	-	-	-	-
200m medley				200m medley					
1	Caroline Bomholt Jensen	2005	2:42.18	01-03-2020	1	Anders Fly	1995	2:34.46	17-04-2011
2	Mette Hansen	1996	2:51.39	15-05-2009	2	Kristian Poulsen	1994	2:35.83	15-05-2009
3	Linette Hansen	1995	2:52.70	17-04-2011	3	Frederik Marcussen	1999	2:36.88	26-04-2014
400m medley				400m medley					
1	Caroline Bomholt Jensen	2005	5:48.47	25-05-2019	1	Anders Fly	1995	5:25.93	16-04-2011
2	Ida Elvira Jensen	1995	6:28.71	10-04-2010	2	Kasper V Hansen	1996	6:01.12	16-04-2011
3	Emilia Maria Vilhølt	2000	6:36.67	04-06-2016					