

Kort bane - damer				Kort bane - herrer			
	Årgang	Tid	Dato		Årgang	Tid	Dato
<b>50m fri</b>				<b>50m fri</b>			
Mette Hansen	1996	29.82	20-03-2009	1 Anders Vestergaard	2001	24.70	27-10-2018
Caroline Bomholt Jensen	2005	30.00	11-01-2020	2 Jonas Aagaard	1994	26.37	14-06-2014
Sisse Grubak Simonsen	1996	30.16	01-02-2014	3 Nicolai Heide	1993	26.46	16-10-2010
<b>100m fri</b>				<b>100m fri</b>			
Mette Hansen	1996	1:05.02	14-06-2009	1 Nicolai Heide	1993	57.57	17-10-2010
Caroline Bomholt Jensen	2005	1:05.02	20-06-2021	2 Anders Fly	1995	58.37	13-11-2010
Kristine Vestergaard	2005	1:07.60	17-09-2021	3 Frederik Marcussen	1999	58.84	02-02-2014
<b>200m fri</b>				<b>200m fri</b>			
Mette Hansen	1996	2:20.99	21-03-2009	1 Nicolai Heide	1993	2:07.29	05-11-2010
Caroline Bomholt Jensen	2005	2:23.95	19-09-2021	2 Anders Fly	1995	2:10.46	02-04-2011
Linette Hansen	1995	2:25.17	30-03-2019	3 Lukas Kranker	2000	2:16.59	06-12-2014
<b>400m fri</b>				<b>400m fri</b>			
Linette Hansen	1995	5:10.88	05-11-2011	1 Anders Fly	1995	4:46.04	06-02-2011
Sisse Grubak Simonsen	1996	5:34.07	05-11-2011	2 Kristian M. Kristensen	1993	4:56.24	08-02-2009
Caroline Bomholt Jensen	2005	5:34.89	28-10-2018	3 Kristian Poulsen	1994	4:59.10	15-11-2008
<b>800m fri</b>				<b>800m fri</b>			
-				1 Kristian M. Kristensen	1993	10:44.33	07-02-2009
				2 Oliver Feldthusen	2003	10:55.63	07-01-2018
				3 Mads B Jensen	2002	10:58.36	07-01-2018
<b>1500m fri</b>				<b>1500m fri</b>			
-				-			
<b>50m ryg</b>				<b>50m ryg</b>			
Kristine Vestergaard	2005	34.57	13-09-2020	1 Anders Vestergaard	2001	28.25	30-11-2018
Malou Callisen	2007	36.28	31-10-2021	2 Mads B Jensen	2002	31.09	09-06-2019
Sisse Grubak Simonsen	1996	36.55	09-06-2013	3 Nicolai Heide	1993	31.18	19-06-2011
<b>100m ryg</b>				<b>100m ryg</b>			
Kristine Vestergaard	2005	1:13.09	20-06-2021	1 Kristian Poulsen	1994	1:04.34	22-03-2009
Caroline Bomholt Jensen	2005	1:14.62	08-02-2020	2 Nicolai Heide	1993	1:06.89	08-01-2012
Sofie Brændum Bossen	1996	1:17.70	17-01-2010	3 Anders Fly	1995	1:08.26	29-05-2011
<b>200m ryg</b>				<b>200m ryg</b>			
Kristine Vestergaard	2005	2:39.06	11-01-2020	1 Kristian Poulsen	1994	2:20.56	21-03-2009
Julie Sundahl Jakobsen	1995	2:43.15	08-03-2009	2 Anders Fly	1995	2:26.92	28-05-2011
Caroline Bomholt Jensen	2005	2:45.56	31-03-2019	3 Nicolai Sand	2000	2:30.72	24-05-2014
<b>50m bryst</b>				<b>50m bryst</b>			
Malou Callisen	2007	37.99	28-11-2021	1 Jacob Aagaard Andersen	2004	31.96	20-06-2021
Caroline Bomholt Jensen	2005	38.17	10-09-2020	2 Anders Vestergaard	2001	32.25	27-10-2018
Kristine Vestergaard	2005	38.64	08-01-2019	3 Frederik Marcussen	1999	34.60	31-01-2015
<b>100m bryst</b>				<b>100m bryst</b>			
Caroline Bomholt Jensen	2005	1:22.96	09-02-2020	1 Jacob Aagaard Andersen	2004	1:10.40	08-12-2020
Malou Callisen	2007	1:23.46	26-11-2021	2 Frederik Marcussen	1999	1:16.26	31-01-2015
Kristine Vestergaard	2005	1:24.19	05-01-2019	3 Jonas Aagaard	1994	1:17.53	09-06-2013
<b>200m bryst</b>				<b>200m bryst</b>			
Caroline Bomholt Jensen	2005	3:00.93	15-09-2019	1 Jacob Aagaard Andersen	2004	2:49.45	08-06-2019
Iben Thomasen	2008	3:01.95	27-11-2021	2 Anders Fly	1995	2:54.82	29-05-2011
Kristine Vestergaard	2005	2:02.04	15-09-2019	3 Frederik Marcussen	1999	2:56.41	19-01-2014
<b>50m fly</b>				<b>50m fly</b>			
Caroline Bomholt Jensen	2005	31.21	26-11-2021	1 Anders Vestergaard	2001	26.92	27-10-2018
Malou Callisen	2007	32.59	26-11-2021	2 Jacob Aagaard Andersen	2004	27.75	20-06-2021
Kristine Vestergaard	2005	33.64	13-09-2020	3 Nicolai Heide	1993	28.29	10-03-2012
<b>100m fly</b>				<b>100m fly</b>			
Caroline Bomholt Jensen	2005	1:09.51	19-09-2021	1 Nicolai Heide	1993	1:03.70	11-03-2012
Mette Hansen	1996	1:13.56	13-06-2009	2 Anders Fly	1995	1:08.25	19-06-2011
Malou Callisen	2007	1:15.93	31-10-2021	3 Frederik Marcussen	1999	1:09.02	02-02-2014
<b>200m fly</b>				<b>200m fly</b>			
Caroline Bomholt Jensen	2005	2:45.13	27-11-2021	1 Anders Fly	1995	2:37.59	18-06-2011
Louise Bach Andersen	2001	2:48.96	02-11-2013	2 Kasper V Hansen	1996	2:46.84	18-06-2011
Mette Hansen	1996	2:50.82	14-06-2009	3 Steffen Jes Vestergaard	2000	3:35.65	09-06-2012
<b>100m medley</b>				<b>100m medley</b>			
Caroline Bomholt Jensen	2005	1:12.16	20-06-2021	1 Jacob Aagaard Andersen	2004	1:08.28	11-01-2020
Malou Callisen	2007	1:13.44	27-11-2021	2 Anders Fly	1995	1:08.72	13-11-2010
Mette Hansen	1996	1:15.19	04-11-2012	3 Nicolai Heide	1993	1:08.85	16-10-2010
<b>200m medley</b>				<b>200m medley</b>			
Caroline Bomholt Jensen	2005	2:40.02	08-06-2019	1 Anders Fly	1995	2:25.96	03-04-2011
Malou Callisen	2007	2:41.58	22-01-2022	2 Nicolai Heide	1993	2:30.07	07-11-2010
Mette Hansen	1996	2:41.93	26.10.2008	3 Kristian Poulsen	1994	2:31.89	21-03-2009
<b>400m medley</b>				<b>400m medley</b>			
Caroline Bomholt Jensen	2005	5:34.72	17-09-2021	1 Anders Fly	1995	5:25.34	05-11-2010
Mette Hansen	1996	5:44.07	13-06-2009	2 Kristian Poulsen	1994	5:39.52	16-11-2008
Julie Sundahl Jakobsen	1995	5:49.96	16-11-2008	3 Jonas Aagaard	1994	6:11.91	16-11-2008
<b>25m fri</b>				<b>25m fri</b>			
-				1 Anders Vestergaard	2001	19.37	05-06-2011
<b>25m ryg</b>				<b>25m ryg</b>			
Louise Bach Andersen	2001	20.73	05-06-2011	1 Anders Vestergaard	2001	24.66	05-06-2011
<b>25m bryst</b>				<b>25m bryst</b>			
Louise Bach Andersen	2001	23.72	05-06-2011	1 Anders Vestergaard	2001	27.94	05-06-2011
				2 Nicolai Bach	2000	30.64	11-10-2009
<b>25m fly</b>				<b>25m fly</b>			
Louise Bach Andersen	2001	20.52	05-06-2011	1 Anders Vestergaard	2001	26.14	05-06-2011